



HEALTH HISTORY

Name _____ Date _____

DOB _____ Age _____ Marital Status: M S W D

Personal Physician _____

1. REASON for today's visit: _____

2. SERIOUS INJURIES/ILLNESSES – SURGERIES – HOSPITALIZATIONS

Year	Explanation	Physician Comments

MEDICATIONS – List medications you are currently taking, including dosage and frequency:

4. ALLERGIES – List allergies to medications, foods, latex or environment:



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5. FAMILY HISTORY

	Father	Present Health or age and cause of death	Mother	Present Health or age and cause of death	
Brothers	Alive	Health	Deceased	Health	Cause of Death and Age
Sisters					
Children					

CHECK ILLNESSES WHICH HAVE OCCURRED IN ANY OF YOUR **PARENTS, SIBLINGS OR GRANDPARENTS**:

- Allergy
- Bleeding tendency
- Diabetes
- High Blood Pressure
- Tuberculosis
- Arthritis
- Cancer: Type _____
- Gout
- Kidney Disease
- Other _____
- Asthma
- Chemical dependency
- Heart Disease
- Stroke

6. HEALTH HABITS – Check (✓) which substances along with the frequency and amount used:

	Never Used	Every Day (Indicate amount)	Some Days (indicate amount and how often)	Formerly (in the past)
Caffeine				
Tobacco				
Alcohol				
Illicit Drugs				
Supplements				
Other:				

		Date
Are your Immunizations up to date?	Tetanus	
	Influenza	
	Pneumovax if Age > 65	
	Zostavax (Shingles) if Age > 50	



Have you had a colonoscopy? Normal Abnormal Date: _____
 Have you had a mammogram (females)? Normal Abnormal Date: _____
 Have you had a pap smear (females)? Normal Abnormal Date: _____

7. MEDICAL HISTORY - Circle any conditions you currently have or have experienced in the past:

- | | | | |
|--------------------|---------------------|--------------------|------------------------------|
| Abortion | Chemical Dependency | Hypertension | Psychiatric Care |
| Alcoholism | Chicken Pox | Kidney Disease | Rheumatic Fever |
| Anemia | Diabetes | Liver Disease | Scarlet Fever |
| Anorexia | Emphysema | Measles | Sexually Transmitted Disease |
| Appendicitis | Epilepsy | Migraine Headaches | Stroke |
| Arthritis | Glaucoma | Miscarriage | Suicide Attempt |
| Asthma | Goiter | Mononucleosis | Thyroid Problems |
| Bleeding Disorders | Gout | Multiple Sclerosis | Tonsillitis |
| Breast Lump | Heart Disease | Mumps | Tuberculosis |
| Bronchitis | Hepatitis | Pacemaker | Typhoid Fever |
| Bulimia | Hernia | Pneumonia | Ulcers |
| Cancer | Herpes | Polio | Vaginal Infections |
| Cataracts | High Cholesterol | Prostate Problems | |
| Other: | _____ | | |